



CONNECT Publications Order Form

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ATTN: CONNECT Program

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Cedar River Clinics CONNECT Program

4300 Talbot Rd. S. Suite #403

Renton, WA 98055

Title	Qty.
Birth Control for Teens: <i>A hand-held packet with easy-to-understand information on birth control methods and tips on how to choose a method.</i>	
Birth Control Comparison Chart: <i>A colorful, poster-sized, reversible Spanish-English chart detailing all current birth control methods.</i>	
Sex Without Risk: <i>A factsheet for teens on how avoiding sex or certain kinds of sex can protect against pregnancy, STIs and other unwanted sexual consequences.</i>	
Annual Gynecological Exam: <i>The basics on this important exam. Learn more about what a bimanual exam and Pap smear can and cannot tell you, and how to prepare.</i>	
Abortion factsheet: <i>Learn about the different abortion options and the abortion process. Challenge myths around who has abortions and understand what the experience is like.</i>	
The Abortion Pill factsheet: <i>How it works, when and how to use it, what to expect, risks and aftercare.</i>	
Comparison of Surgical Abortion and The Abortion Pill: <i>A clear comparison chart of the differences between two types of early abortion.</i>	
If You Had an Abortion: <i>You are not alone. Connecting your personal experience with those of others. Ways to take action to preserve access for everyone.</i>	
Beware of Fake Clinics: <i>How to identify and avoid deceptive, anti-abortion pregnancy centers (CPCs) and how to find reliable, professional clinics and pregnancy counseling.</i>	
Abortion and Birth Control at Cedar River Clinics: <i>Our services, making appointments, your rights, payment options and additional resources.</i>	
Sexually Transmitted Infections factsheet: <i>Get the facts on STI prevention, testing and transmission. Learn about safer sex practices, including condoms and how to use them.</i>	
Sexually Transmitted Infections Chart: <i>Common STIs, their symptoms, incubation periods, causes, transmission and treatments.</i>	
HPV factsheet: <i>Learn about this common sexually transmitted infection.</i>	
HIV Testing factsheet: <i>Why get tested, what to expect from a test, how to prevent HIV.</i>	
Bacterial Vaginosis Factsheet: <i>Prevention, causes, symptoms and treatment.</i>	
In Their Own Words: A Zine on Safer Sex: <i>Teens talk to teens about STI and pregnancy prevention, and other sexual health issues that impact young people. Developed with Seattle's YWCA Working Zone.</i>	

Birth Control Method Info Sheets	Qty.
Cervical Cover (Femcap or Leah's Shield)	
Depo-Provera (the Shot also known as DMPA)	
Diaphragm	
Emergency Contraception (Plan B also known as Morning After Pill)	
Female Condom	
Fertility Awareness	
Contraceptive Implant	
Intrauterine Devices (IUD or IUS)	
Male Condom	
Mini-Pills (Progesterone-only Oral Contraceptive Pills)	
Contraceptive Patch	
The Pill (Oral Contraceptives)	
Vaginal Ring	
Spermicide	
Tubal Ligation (Female Sterilization)	
Vasectomy (Male Sterilization)	
Withdrawal ("Pulling Out")	
Continuous Use of Hormonal Methods	

Ship to:

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Download PDFs at www.CedarRiverClinics.org and www.Birth-Control-Comparison.info.

Contact Heather at outreach@CedarRiverClinics.org for more information.