



TACOMA
 1401-A Martin Luther King Jr Way
 Tacoma, WA 98405
 253.473.6031

RENTON
 263 Rainier Ave S #200
 Renton, WA 98057
 425.255.0471

800.572.4223

CedarRiverClinics.org

**IN TACOMA:
 1401-A Martin Luther King Jr Way**



800.572.4223 or 253.473.6031 Fax: 253.475.5949

Open: Monday-Friday, some Saturdays
 Secure entrance in alley, free parking

Sliding Fee Scale - based upon annual income.

1st Trimester Abortion	\$500 to \$2273
The Abortion Pill	\$600 to \$907
2nd Trimester Abortion	\$650 to \$3670

Procedures to 22 weeks LMP (5.3 BPD) in Tacoma.
 Beyond 22 weeks in Renton.
 DSHS Provider One cards cover abortion.

Pre-Abortion Instructions:

- 1) When you call for an appointment, plan for 10 minutes on the phone. Appointments are available within a few days of your call.
- 2) Plan for 3 to 5 hours in clinic due to paperwork, lab tests, ultrasound, consent, procedure and recovery.
- 3) No alcohol or street drugs 48 hours prior to your appointment. No children in the clinic.
- 4) Photo ID is required for you and anyone coming with you into the clinic.
- 5) If you need a 2-day procedure, plan to stay overnight within 30 minutes of the clinic.
- 6) If you receive sedation, you cannot drive afterward so arrange for a driver.
- 7) If you have questions during regular business hours, call the number above for advice. You may call this same number 24 hours a day for emergencies.
- 8) Payment is required at your first appointment. We accept DSHS medical coupons, cash, money order, debit, MasterCard, Visa, and most insurance. No checks.
- 9) Low-income pregnant women can get free medical care through WA State DSHS. Apply in person at your local DSHS-CSO office, or call 800-770-4334 for details.
- 10) At Cedar River Clinics, WA State residents can sign up for Take Charge to get one year of free birth control.

Cedar River Clinics: abortion care specialists.

- Accredited by AAAHC for meeting rigorous national standards.
- Highly skilled, licensed physicians perform abortion procedures.

The Abortion Pill: Also known as Medical Abortion, Medication Abortion, or Mifeprex, it is an early option as soon as pregnancy is confirmed by ultrasound and up to 9 weeks LMP (since Last Menstrual Period). You take the Mifepristone pill orally during your appointment at the clinic. Then 24 to 72 hours later, you take the Misoprostol pills, as directed, and within 6 to 8 hours, bleeding and cramping begins like in a miscarriage. One to three follow-up appointments are required.

First Trimester: Aspiration procedure is used up to 12 weeks LMP.

Second Trimester Dilation and Extraction (D&E): One-day appointments for 12 weeks to 14 weeks LMP may be available at the doctor's discretion; otherwise from 12 to 22 weeks LMP, appointments are scheduled on two consecutive days. Between appointments you must stay overnight within 30 minutes of the clinic. Over 22 weeks LMP requires appointments in Renton on 3 consecutive days.

Special Appointments for Fetal Anomalies: Call the clinic to speak to a client support specialist for individual assistance.

Anesthesia: Optional sedation (anesthesia medication) is administered by a Certified Registered Nurse Anesthetist or Physician and affects your level of consciousness during the procedure. Options are explained in detail during your appointment. To receive sedation, you must not eat or drink 2-4 hours before your procedure, and you must have someone to drive you home.

Options Counseling: If you are pregnant, unsure and want to explore your options, call to schedule an "Options Counseling" appointment to meet with a specially trained counselor who offers unbiased and nonjudgmental tools for decision-making.

Teens: In Washington, parental involvement is not required for abortion, birth control or STI/HIV testing.

Interpreters: Please request a Certified Medical Interpreter in advance. Written materials available in Korean, Vietnamese, Russian and Spanish.

Well-Woman Care: We offer annual exams, pap smears, breast exams, birth control, rapid HIV tests, testing and treatment for urinary tract infections or sexually transmitted diseases.

