



TACOMA
1401-A Martin Luther King Jr Way
Tacoma, WA 98405
253.473.6031

RENTON
4300 Talbot Rd. S. #403
Renton, WA 98055
425.255.0471

YAKIMA
106 East E Street
Yakima, WA 98901
509.575.6422

TOLL FREE
800.572.4223
CedarRiverClinics.org

IN TACOMA: 1401-A Martin Luther King Jr Way



800.572.4223 or 253.473.6031 Fax: 253.475.5949

Open: Monday-Friday, some Saturdays
Secure entrance in alley, free parking

Sliding Fee Scale

1st Trimester Abortion	\$470 to \$1980
The Abortion Pill	\$520 to \$927
2nd Trimester Abortion	\$600 to \$6200

Sliding Scale is based upon annual income.
Procedures to 22 weeks LMP (5.3 BPD) in Tacoma.
Beyond 22 weeks in Renton.
DSHS medical coupons cover abortion.

Pre-Abortion Instructions:

- 1) When you call for an appointment, plan for 10 minutes on the phone. Appointments are available within a few days of your call.
- 2) Plan for 4 to 6 hours in clinic due to paperwork, lab tests, ultrasound, consent, procedure and recovery.
- 3) No alcohol or street drugs 48 hours prior to your appointment. No children in the clinic.
- 4) Photo ID is required for you and anyone coming with you into the clinic.
- 5) If you need a 2-day procedure, plan to stay overnight within 30 minutes of the clinic.
- 6) If you receive sedation, you cannot drive afterward so arrange for a driver.
- 7) If you have questions during regular business hours, call the number above for advice. You may call this same number 24 hours a day for emergencies.
- 8) Payment is required at your first appointment. We accept DSHS medical coupons, cash, money order, debit, MasterCard, Visa, and most insurance. No checks.
- 9) Low-income pregnant women may be able to get free medical care through WA State DSHS. Apply in person at your local DSHS-CSO office, or call 800-770-4334 for details. You can also sign up for Take Charge and get one year of free birth control

Cedar River Clinics: abortion care specialists.

- Accredited by AAAHC for meeting rigorous national standards.
- Highly skilled, licensed physicians perform abortion procedures; they are respected leaders in medicine with many years experience.

The Abortion Pill: Also known as medical abortion, Mifeprex or RU-486, the Abortion Pill is an early option as soon as pregnancy is confirmed by ultrasound and up to 8 weeks LMP (since Last Menstrual Period). You take the Mifepristone pill orally during your appointment at the clinic. Then 24 to 72 hours later, you take the Misoprostol pills, as directed, which soften the cervix and within 6 to 8 hours cause bleeding and cramping like in a miscarriage. One to three follow-up appointments are required.

First Trimester Aspiration: Early Abortion up to 12 weeks LMP. One-day appointments for abortions over 12 weeks but not more than 14 weeks LMP may be available for women with qualifying health histories.

Second Trimester D&E: From 12 to 22 weeks LMP (since last menstrual period) appointments are scheduled for two consecutive days. Between clinic visits you must stay overnight within 30 minutes of the clinic. Over 22 weeks requires appointments in Renton on 3 consecutive days. .

Appointments for Fetal Anomalies: Call to speak to a client support specialist for individual assistance.

Anesthesia: Our Certified Registered Nurse Anesthetist or Physician will work with you on sedation (anesthesia) which will determine your level of consciousness during the procedure and memory of it. Sedation medications are explained in detail on the phone and during your appointment. To receive sedation, you must not eat or drink 2-4 hours before your procedure, and you must have someone to drive you home.

Options Counseling: If you are pregnant and unsure and want to explore your options, you can meet with a specially trained unbiased counselor in an "Options Counseling" appointment.

Teens: In WA, teens do not need a parent's permission or involvement for abortion, birth control or STI/HIV testing.

Bilingual Spanish-English staff. Certified Interpreters arranged. Written materials in Korean, Vietnamese, Russian.

You are not alone. One-in-three American women have abortions. It's your body, your decision, your life.

www.CedarRiverClinics.org: Frequently asked questions (FAQ) and personal stories.

updated 11/11/2009 JS

